Hello Central Mangrove families,

My name is Gayle Symons and I am a qualified Family Case worker and Parenting Educator for Central Coast Family Support.

**What are the aims of the services?**

Central Coast Family Support Services provides a range of services for families that build and enhance parenting skills and relationships.

We assist families to strengthen relationships and inspire positive change through learning and skill development. Our service is **FREE** and confidential, covering the Central Coast region.

We offer programs for families with children 0 – 12 years.

Central Coast Family Support offers programs for: young parents, Grandparents raising grandchildren, Disability programs and parenting education.

**How our service will operate?**

I have made myself available to your school, and all Mountain schools, for any issues you may be experiencing; this could be financial problems, family conflict, housing issues, behaviour challenges with children and any other areas affecting your family.

If you would be interested in having a confidential chat with me, please do one of the following:

1. Contact me directly on the number below
2. Contact the school Principal, Simone Champion, to further discuss possible arrangements.

Meetings will be held in a private room at Central Mangrove Public School. This being a central location for all the Mountain schools.

All the best,

Gayle Symons

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